

Info in connection with VeteranSupport.DK 100 km/24H endurance march

VeteranSupport.DK, which is a voluntary organization that supports veterans from the Armed Forces, the Police, the Emergency Services and everyone else who has been deployed on one or more international missions for Denmark and who have returned home with wounds on body and soul.

VeteranSupport.DK organizes Kronborg veteran March and Music Festival in start-June every year, it is 4 different marches, or walks, of respectively 7.5 km – 15 km -30 km and 100 km/24H.

Everyone can participate in the marches, and the profits from these go to support Danish war veterans who have returned home with wounds on body and soul, their families and relatives.

The 100 km march is often called the "death march" and the medal typically has a skull on the back of the medal.

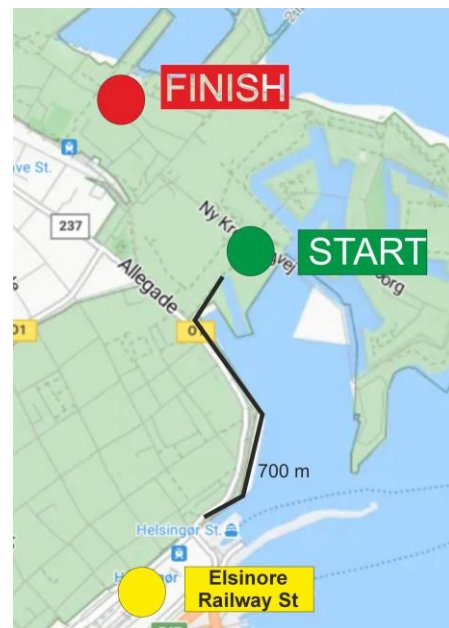
The 100 km march is in memory of the more than 300,000 concentration camp prisoners who perished in horrific circumstances when they were forced to march from camp to camp.

Start/Finish

The start will take place at The Cultural Wharf, Elsinore Harbour, Denmark. (The green dot).

This is where the start will take place, on June 5, 2025, at 15:00

Check-in from 14:00



Finish

The finish-line is at Elsinore Nordhavn's South Pier. Red dot!

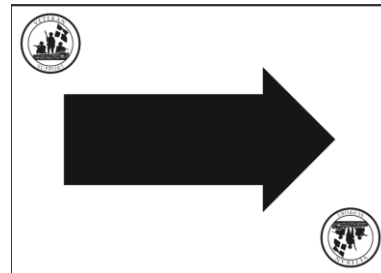
Route

The route itself goes through North Zealand and there will be rest areas at the following locations, with the following opening hours.

Location	Estimated time	
Nyrup Hegn	15-18	<p style="text-align: center;">Rest areas</p> <p>There will be access to water, chocolate, fruit, and other necessities to a limited extent, which is why it is recommended that you bring some of your own for the trip.</p>
Fredensborg Harbour	18-21	
Hillerød Stadium	20-23	
Maarum Church	24-04	
Søborg Forsamlingshus	02-06	
Esrum Hovedgade	04-08	
Hornbæk Harbour	06-12	
The Hammer Mill	08-14	

Route and route markings

The route is on the app Komoot. There will be signs with directional arrows at selected places on the route, and yellow marking ribbons (Mine strip). During the dark hours, these will be marked with green glow lights.



<https://www.komoot.com/tour/2019898998>

Security

Your own safety is required. You must follow the traffic rules for pedestrians in traffic.

As you move along and along country roads, both in strong sunlight but also in very dark areas, you must wear the provided reflective vest, which must be handed in at the finish line.

Injuries

If you get damage that is so bad that you have to retire, you wait for the next break, as far as possible, for transport to the finish area.

If you are injured on the route and cannot move to the nearest rest, contact the march management. You are welcome to arrange your own private transport. If you choose to leave the march here, the march leader will be contacted with information that you have left and have gone home.

The march leader's telephone number may only be used for contact in connection with unsubscribing from the march.

The phone number is +45 81 90 87 90