

Info in connection with VeteranSupport.DK 100 km/24H endurance march

VeteranSupport.DK, which is a voluntary organization that supports veterans from the Armed Forces, the Police, the Emergency Services and everyone else who has been deployed on one or more international missions for Denmark and who have returned home with wounds on body and soul.

VeteranSupport.DK organizes Kronborg veteran March and Music Festival in mid-June every year, it is 4 different marches, or walks, of respectively 7.5 km – 15 km -30 km and 100 km/24H.

Everyone can participate in the marches, and the profits from these go to support Danish war veterans who have returned home with wounds on body and soul, their families and relatives.

After you have completed the marches and received your beautiful medal, there is free access to the music festival, where there will be more than 12 hours of mixed music.

The 100 km march is often called the "death march" and the medal typically has a skull on the back of the medal.

The 100 km march is in memory of the more than 300,000 concentration camp prisoners who perished in horrific circumstances when they were forced to march from camp to camp.

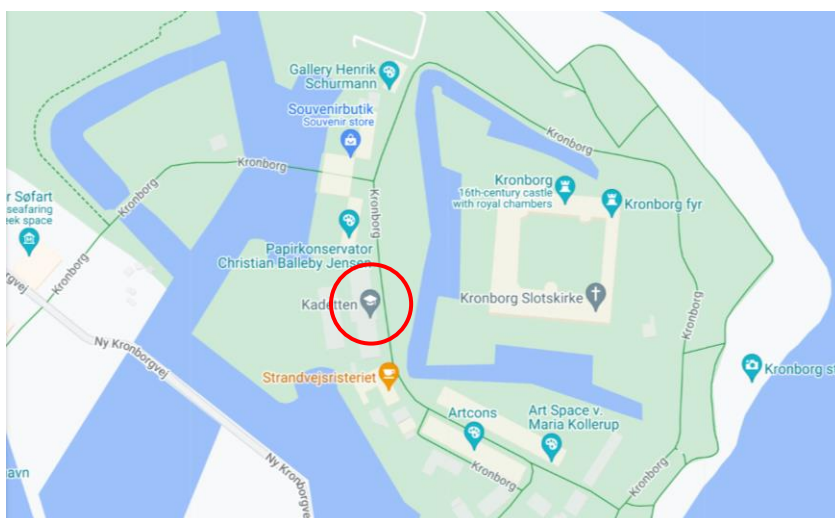
Start/Finish

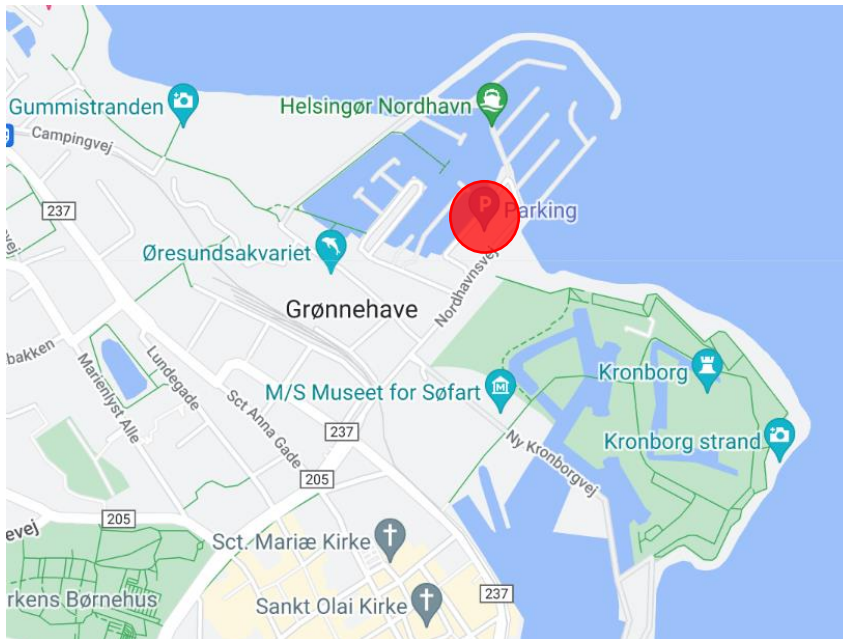
The start will take place at Kronborg Castle in Elsinore, Denmark.

You go via the bridge over the moat, through the large gate, and go to the right. There is a restaurant, called Kadetten.

This is where the start will take place, on June 13, 2025, at 15:00

Check-in from 14:00





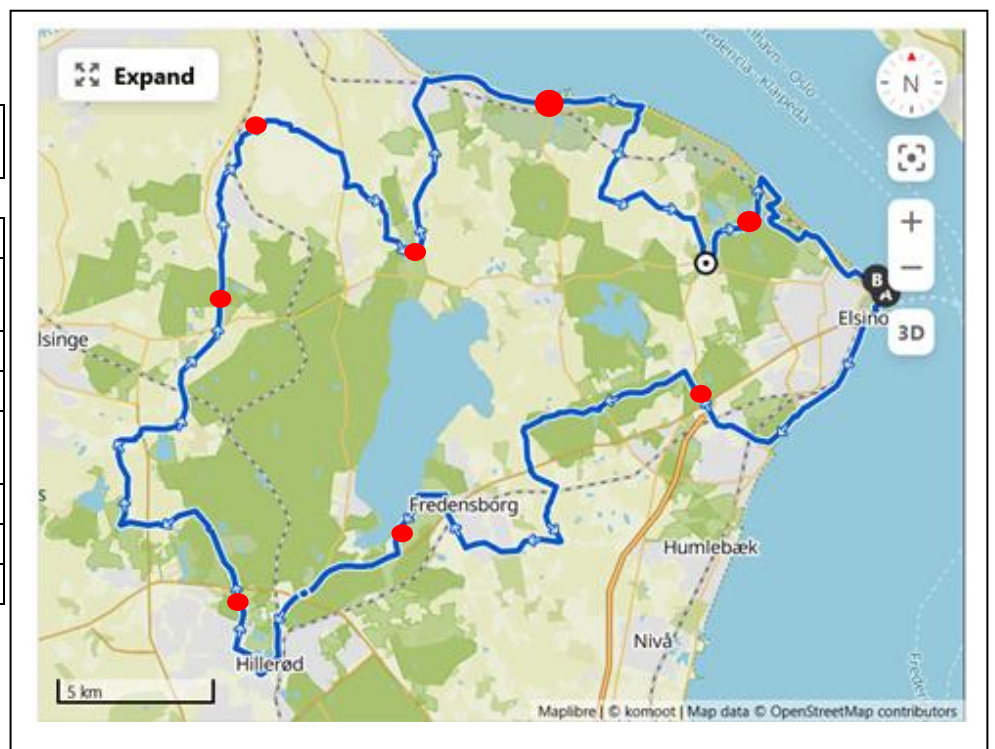
Goal

The meter is at Elsinore Nordhavn's South Pier, where, after receiving your well-deserved medal, you can enter our music festival area for free, where there will be music from 12:00 – 24:00. It is a wonderful mix of pop and rock music from both local, but also nationally known bands.

Route

The route itself goes through North Zealand and there will be rest areas at the following locations, with the following opening hours.

Location	Estimated time
Nyrup Hegn	15-18
Fredensborg Harbour	18-21
Hillerød Stadium	20-23
Maarum Church	24-04
Søborg Forsamlingshus	02-06
Esrum Hovedgade	04-08
Hornbæk Harbour	06-12
The Hammer Mill	08-14



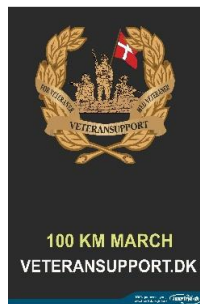
Rest areas

There will be access to water, chocolate, fruit, and other necessities to a limited extent, which is why it is recommended that you bring some of your own for the trip.

Route and route markings

The route is on the app Komoot. There will be signs with directional arrows at selected places on the route, and yellow marking ribbons (Mine strip). During the polar night, these will be marked with green glow lights.

<https://www.komoot.com/tour/2019898998>



Security

Your own safety is required. You must follow the traffic rules for pedestrians in traffic.

As you move along and along country roads, both in strong sunlight but also in very dark areas, you must wear the provided reflective vest, which must be handed in at the finish line.

Injuries

If you get damage that is so bad that you have to retire, you wait for the next break, as far as possible, for transport to the finish area.

If you are injured on the route and cannot move to the nearest rest, contact the march management. You are welcome to arrange your own private transport. If you choose to leave the march here, the march leader will be contacted with information that you have left and have gone home.

The march leader's telephone number may only be used for contact in connection with unsubscribing from the march.

The phone number is +45 81 90 87 90

